

GED Testing Style Survey

Think about the last time you took a test. Read each statement and select the appropriate response to indicate how you right before you took the test, that is, at that very moment. There are no right or wrong answers. Do not spend too much time on any one statement but give the answer which seems to describe your feelings best.

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|------------|----------|----------|--------------|
| ① | ② | ③ | ④ |
| Not at all | A little | Somewhat | Very Much So |

Questions:

1	I felt calm	①	②	③	④
2	I felt secure	①	②	③	④
3	I felt tense	①	②	③	④
4	I felt strained	①	②	③	④
5	I felt at ease	①	②	③	④
6	I felt upset	①	②	③	④
7	I was worrying over possible misfortunes	①	②	③	④
8	I felt satisfied	①	②	③	④

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9	I felt frightened	①	②	③	④
10	I felt uncomfortable	①	②	③	④
11	I felt self confident	①	②	③	④
12	I felt nervous	①	②	③	④
13	I felt jittery	①	②	③	④
14	I felt indecisive	①	②	③	④
15	I was relaxed	①	②	③	④
16	I felt content	①	②	③	④
17	I was worried	①	②	③	④
18	I felt confused	①	②	③	④
19	I felt steady	①	②	③	④
20	I felt pleasant	①	②	③	④